

## Father's Day Gift Suggestions from ISIKA Day Spa at Crown Metropol

**Melbourne, Australia, September 2010.** ISIKA day spa, the hippest new place to be “man-scaped”, is pampering dads this Father's Day. The ideal gift goes beyond what is typically the usual provision of socks, ties and cologne.

For the new-age, trend-setting father, ISIKA's men's treatments and products can be tailored to suit all needs and skin types.

In this ever-changing, fast-paced world, stress and tension are easily formed in the body and fathers have been known to carry the weight of the world on their shoulders. The ISIKA Urban Man treatment aims to restore vitality and clear the mind. Tension is released with a pressure point shiatsu massage and a warmed thermal mask is applied to the back. Essential minerals nourish the skin whilst reflexology is used to restore balance to the feet. A skin strengthening facial, rich in anti-oxidants and pressure point scalp massage complete this ritual to ensure the whole body is left stress-free.

### ISIKA Urban Man Treatment

**Duration: 120 minutes    Price: \$295.00**

Or, for those who want to bring back a classic experience, the Traditional Wet Shave is a perfect present. It's clean, close shave that includes a deep cleanse, hot towels and hydrating application to finish.

### Traditional Wet Shave

**Duration: 45 minutes    Price: \$95.00**

Choose from a range of treatments tailored especially for men from the following:

### Men's recovery hydration facial

This treatment offers a hydrating antioxidant surge to improve fatigued and tired-looking skin.

**Duration: 30 minutes Price: \$135 or Duration: 60 minutes Price: \$135**

### Refine & Detox Facial

A deep cleanse to reduce redness and promote a clean and healthy glow.

**Duration: 60 minutes Price: \$145**

### Revitalise Eye Treatment

This treatment is designed to refresh and energise tired eyes and reduce puffiness, fine-lines and wrinkles.

**Duration: 30 minutes Price: \$85**

### Mineral Back Cleanse

Release stress and tension using micro exfoliation to smooth and soften the skin.

**Duration: 45 minutes Price: \$135**

ISIKA day spa's talented team of therapists can also help select a custom treatment for each individual father.

# ISIKA

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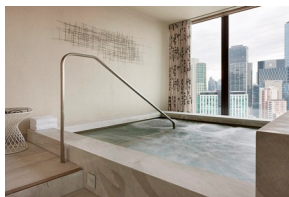
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In addition to the range of man-scaping treatments at Isika, the spa also has some great Father's Day offers that can be purchased from the Isika reception desk, such as:

- o Purchase any SKINN for Men Treatment 60 minutes or longer, including gift vouchers, and receive a complimentary upgrade to our ISIKA Healing Suite valued at \$50\* - SKINN for Men 60 minute treatments start from \$135 per person.
- o Purchase the ISIKA Urban Man Ritual treatment package and receive a complimentary gentleman's manicure valued at \$65\* - ISIKA Urban Man Ritual 120 mins \$295 per person.
- o Purchase a SKINN Fatigue Rescue night hydrating anti-aging cream and receive a free Total Shave cleanser and shaving cream in one, valued at \$55, and a SKINN Toiletry bag\* - SKINN Fatigue Rescue \$110.

ISIKA Father's Day gifts from ISIKA day spa can be purchased by contacting the team either via phone on +61 3 9292 8327 or, via email to: [ISIKA@crownmelbourne.com.au](mailto:ISIKA@crownmelbourne.com.au)

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